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Welcome to the 2023-24 School Year!!!

We hope everyone has enjoyed their first week of school! This is going to be a great year, filled with lots of wonderful PTSA sponsored activities! The PTSA newsletter will be coming to you at the beginning of each month, filled to the brim with information to help you navigate the busy world of WFHS!

Want to get involved and help with senior activities, teacher treats or just stay up to date with what's going on at your school? Join the PTSA!! You can join in seconds by simply clicking **HERE** and selecting your membership preference. You are welcome to pay only the **\$10 Membership Fee OR you can be extra helpful and choose the WFHS PTSA Single Membership + Cougar Challenge** option, which allows you to add a monetary donation of your choosing to go along with your \$10 membership! Regardless of your choice, we'd love to have your input at our PTSA meetings the second Monday of each month at 6:00pm (**our next meeting is Monday Sept 11 at 6pm!**). You can decide from there if, how, and in what area(s) you want to be involved. Stay tuned to our social media pages (see links below) for meeting locations, and/or email us at **ptsa.wfhs@gmail.com** if you would like more info.

Please consider coming to our **general assembly meeting on Sept 13th** right after meet the teacher. We will be voting on our budget and need you there so we can vote!

It's Time for our first Spirit Night!

Our first spirit night for the year will be at PDQ in



Wake Forest on **Wed, Sept 20 from 4-10pm!** Take a night off from cooking and come support your school! Dine in or Drive thru. Make sure to tell them you are there to support WFHS! We can't wait to see you there!

Our next spirit night will be **October 18th** at Culvers so save the date!

We need your help to support WFHS!

There are many ways you can help support WFHS without even leaving your couch! Here are a couple of the easiest--and most helpful--ways you can help us serve WFHS:

1. Join the Cougar Challenge Fundraiser

Our sole purpose as a PTSA is supporting the WFHS students and staff, and 100% of Cougar Challenge donations go toward fulfilling that purpose! **Our goal this year is \$5,000.** All you have to do to help is go to our **'Memberships & Donations'** page, select **"Cougar Challenge"**, and enter the amount you want to donate as your quantity. We currently have over \$400 in donations but we need your help to reach our goal. Support our PTSA and all the fun things we do for our staff and students throughout the year!

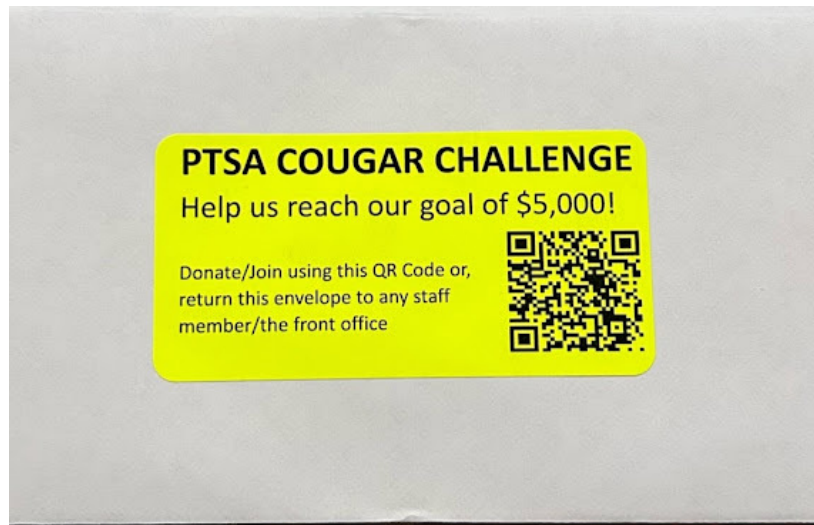
2. Link your Rewards Cards! It takes just a couple of minutes to do on your own. Go to the **Fundraising** page on our website to enter your information for **Harris Teeter**, **Lowes**, and **Publix**, or click the links to go directly to the applicable page on each store's website. From August 1-July 31, a portion of everything you buy at these stores will go to support the school, and you don't have to do a single thing after linking it except shop as you normally would!

3. Donate to The Giving Tree!

The Giving Tree is a local non-profit that accepts donations from the community with the specific goal of using the proceeds to generate funds for local schools! A few times each year, The Giving Tree allows us to have a Donation Drive, during which WFHS receives **Triple Donation Credit**. Our next Donation Drive is from **Oct 2-7**. Participation in the Donation Drive is simple! All you do is grab a paper bag or box, fill it with gently used home goods, and drop it off at The Giving Tree (839 South Main Street) during the Donation Week. **Be**

sure to tell them your donation is for Wake Forest High School! They accept donations Monday-Saturday from 10:30-4:30. There is a list of allowed goods and donation instructions on the "**Donate**" page of their website.

We will receive **TRIPLE POINTS** if you donate the week of homecoming! So make sure to clean out your closets and come out any time from Oct 2-7 to donate. They are happy to take any donations, but are especially in need of Halloween and Christmas decor, as well as children's toys. Thanks for your help!



Student Health and Wellness - Body Positive Month

This year the PTSA has formed a new student led committee to focus on student health and wellness. The start of the year is always stressful for students, parents and staff. Help your child start the year off right by helping them feel good about themselves!! Be on the lookout this month for resources

and helpful hints to help them start off each day on a positive note.

Tip 1 - Start out each day with a positive statement to your child (even a simple "Have a great day!")

Meet the Teacher

The 2023-24 Meet the Teacher night will be held on **Wednesday, September 13th from 6:00-8:00pm**. We will have a **general assembly meeting** for the PTSA immediately following this event so please stay and learn more about what we plan on doing this year!



Hospitality Breakfast for our Staff

Thanks to everyone who helped and donated to our hospitality breakfast for the staff on their first teacher workday! The theme was "elements for a successful school year". We had Officer Loveless as the DJ playing music from the movie "Weird Science" while the staff enjoyed their meal! Thanks for helping us kick off the year right! If you would like to help with events like this one, please consider joining the PTSA! We would love to have you!



PROM donations

Please help students attend prom that may be prevented by financial barriers by donating professionally cleaned formal gowns, jewelry or lightly used dress shoes to WFHS. You can bring them to the high school lobby during Meet the Teacher 9/13 AND Senior Night 9/14. We were able to help over 30 students last year and would like to beat that again this year, with your help! Please contact ehinman@wcpss.net with questions.

SENIOR SECTION CLASS OF 2024

**Calling all RISING
SENIOR PARENTS!
We need you to help
with senior
activities!!**

2024

**If you are interested in helping
this upcoming year please
email ptsa.wfhs@gmail.com
and give your name, email, and
phone number.**

**CLASS OF
2024**

Senior Parents...

This year isn't just incredible, overwhelming, and exciting for your Senior...it is for YOU, too!! Hang on tight and grab the camera (and maybe some tissues!), 'cuz it's time to rock and roll!!

You may be wondering how you can keep up with everything going on this year.

We definitely encourage you to stay up-to-date by joining the **Senior Events Committee!!** Through this committee, the PTSA treats our Seniors all year long, and there are a LOT of different opportunities for you to help out! If you're interested in participating in any way, please email the PTSA at ptsa.wfhs@gmail.com so we can reach out to you!

On **Thursday, September 14 at 6pm**, student services will be hosting a **senior night for parents**. There will be lots of information there for senior parents to help them navigate the year. Come learn more about the senior events we are planning and how to help!



We love our seniors and love to show them how much!

Deck the Deck got moved to **Monday Sept 4 from 4:30-7:30)** and **First Week Treats!** Click [here](#) to sign up to help! We need volunteers to help prepare the parking deck, decorate the school, man Deck the Deck, and clean up decorations.

Also, we still need more volunteers to help prep the senior welcome snack on **Thurs 9/7 from 2-4 pm.**

We can't wait to begin celebrating the Class of 2024 with you!!

SENIOR photos information

Please note that Lifetouch will be on campus September 27 & 28 in the Media Center to take SENIOR portraits for those who couldn't make it to their studio over the summer. In order for your senior to be in the yearbook, they must have their portrait taken by Lifetouch. Click [here](#) for more information.

Underclassman fall portraits will be **Wed, Sept 6th** with a make up day on November 2. Fall sports photos will be on the same day.

Drop-off/Pick-up Traffic Pattern Reminder

New to WFHS and wondering where and how to drop-off and pick-up your child? Take two minutes to watch this handy little [video](#) produced by the Town

of Wake Forest in 2021!



Helpful WFHS Links

Need to find a WFHS-related page, but can't find it ANYWHERE? Yeah, we get it! Here's your one-stop list of (almost) all things WFHS! If we're missing something, let us know so we can add it!

Grade-Specific Facebook Pages

[Freshman Class of 2027 Facebook Page](#)

[Sophomore Class of 2026 Facebook Page](#)

[Junior Class of 2025 Facebook Page](#)

[Senior Class of 2024 Facebook Page](#)

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